

Health and Social Care NVQ Level 3

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| Description | The level 3 NVQ in Health and Social Care is a qualification for those who work in a direct care environment. Candidates will have a degree of responsibility and autonomy and will be required to make decisions within boundaries and limits agreed within their team. |
| Qualification overview | The qualification is split into two routes: children and young people's care and adult's care. |
| Timescale | 3 to 9 months, dependent on the individual candidates circumstances. |
| Content | <p>Core units</p> <ul style="list-style-type: none">• Promote effective communication for and about individuals• Promote, monitor and maintain health, safety and security in the working environment• Reflect on and develop your practice <p>Children and Young People Route optional units</p> <ul style="list-style-type: none">• Contribute to the assessment of children and young people's needs and the development of care plans• Care for and protect babies• Support children and young people to manage their lives• Support children and young people to achieve their potential• Work with children and young people to prepare them for adulthood, citizenship and independence• Support children and young people to develop and maintain supportive relationships• Support the social, emotional and identity development of children and young people• Work with children and young people to promote their own physical and mental health needs• Care for a new born baby when the mother is unable to do so• Work with young people with additional requirements to meet their personal support needs• Support the needs of children and young people with additional requirements• Prepare your family and networks to provide a home for children and young people• Provide a home for children and young people• Support families in their own home• Support professional advice to help parents to interact with and take care of their newly born baby(ies)• Support and encourage parents and guardians to care for babies during the first year of their lives• Prepare, implement and evaluate group activities to address the offending behaviour of children and young people• Contribute to child care practice in group living |

A fresh approach to individuality

- Process information relating to children and young people's offending behaviour
- Contribute to protecting children and young people from danger, harm and abuse
- Contribute to the prevention and management of challenging behaviour in children and young people
- Model behaviour and relationships with children and young people which recognises the impact of crime on victims and communities

Adult Route optional units

- Contribute to care planning and review
- Contribute to planning, monitoring and reviewing the delivery of service for individuals
- Support individuals to access and use services and facilities
- Support individuals to develop and maintain social networks and relationships
- Support the social, emotional and identity needs of individuals
- Prepare your family and networks to support individuals requiring care
- Provide a home and family environment for individuals
- Contribute to the protection of individuals from harm and abuse
- Contribute to the prevention and management of abusive and aggressive behaviour
- Provide frameworks to help individuals to manage challenging behaviour

Option Units

- Carry out screening and referral assessment
- Carry out assessment to identify and prioritise needs
- Carry out comprehensive substance misuse assessment
- Help individuals address their substance use through an action plan
- Assess and act upon immediate risk of danger to substance users
- Support individuals to live at home
- Support individuals to retain, regain and develop the skills to manage their lives and environment
- Support individuals to manage their financial affairs
- Support individuals to manage payments
- Help individuals to access employment
- Help individuals to access learning, training and development opportunities
- Enable individuals to access housing and accommodation
- Recognise, respect and support the spiritual well-being of individuals
- Plan, agree and implement development activities to meet individuals needs
- Support individuals to continue therapies
- Interact with individuals using telecommunications
- Counsel individuals about their substance use using recognised theoretical models
- Counsel groups of individuals about their substance use using recognised theoretical models
- Support individuals to deal with relationship problems
- Carry out extended feeding techniques to ensure individuals nutritional and fluid intake

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- Identify the individual risk of skin breakdown and undertake the appropriate risk assessment
- Move and position individuals
- Prepare for, and undertake physiological measurements
- Recognise indications of substance misuse and refer individuals to specialists
- Test for substance use
- Identify the physical health needs of individuals with mental health needs
- Raise awareness about substances, their use and effects
- Support individuals to represent their own needs and wishes at decision making forums
- Help individuals identify and access independent representation and advocacy
- Present individual's needs and preferences
- Support individuals with specific communication needs
- Support individuals to communicate using technology
- Support individuals to communicate using interpreting and translation services
- Plan and implement programmes to enable individuals to find their way around familiar environments
- Plan and implement programmes to enable individuals to find their way around unfamiliar environments
- Administer medication to individuals
- Obtain venous blood samples
- Encourage and support individuals undergoing dialysis therapy at home
- Insert and secure urethral catheters and monitor and respond to the effects of urethral catheterisation
- Support individuals who are substance users
- Supply and exchange injecting equipment for individuals
- Support individuals through detoxification programmes
- Support individuals to prepare for, adapt to and manage change
- Prepare and support individuals to move and settle into new living environments
- Support individuals through bereavement
- Support individuals through the process of dying
- Assist in the transfer of individuals between agencies and services
- Work in collaboration with carers in the caring role
- Relate to families, parents and carers
- Work with carers, families and key people to maintain contact with individuals
- Support families in maintaining relationships in their wider social structures and environments
- Provide services to those affected by someone else's substance use
- Work with families, carers and individuals during times of crisis
- Prepare, implement and evaluate agreed therapeutic group activities
- Contribute to the development and running of support groups
- Contribute to assessing and act upon risk of danger, harm and abuse
- Enable people with mental needs to develop coping strategies
- Reinforce positive behavioural goals during relationships with individuals
- Contribute to assessing the needs of individuals for therapeutic programmes to enable them to manage their behaviour
- Develop and sustain effective working relationships with staff in other agencies
- Participate in inter-disciplinary team working to support individuals

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- Help develop community networks and partnerships
- Work with community networks and partnerships
- Contribute to raising awareness of health issues
- Support the development of networks to meet assessed needs and planned outcomes
- Contribute to the recruitment and placement of volunteers
- Plan, organise and monitor the work of volunteers
- Lead and motivate volunteers
- Facilitate learning through presentation and activities
- Facilitate group learning
- Support colleagues to relate to individuals

Additional units

- Provide first aid to an individual needing emergency assistance
- Promote equality, diversity, rights and responsibilities of individuals
- Support individuals to identify and promote their own health and social well being
- Support and enable individuals undergoing renal dialysis to contribute to their own health and well being
- Promote the needs, rights, interests and responsibilities of individuals within the community
- Receive, analyse, process, use and store information
- Contribute to promoting a culture that values and respects the diversity of individuals
- Conduct an assessment of risks in the workplace
- Respond to work-related violent incidents
- Promote the values and principles underpinning best practice
- Support competence achieved in the workplace
- Contribute to promoting the effectiveness of the teams

Awarding body The awarding body for this qualification is OCR

Assessment The candidate is required to complete 4 core units (including the choice of specialist route) and 4 optional units. Candidates can also undertake additional units, although these are not required to complete the qualification. Candidates will be assessed at their work setting using observation and supporting evidence.

Contact us For more information please contact Mapalim on info@mapalim.com or by telephone on 020 7284 3215.

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