

Health and Social Care NVQ Level 2

Description	The level 2 NVQ in Health and Social Care is a qualification for those who work in a direct care environment in support of and under direction of a colleague who is accountable for the area of practice.
Qualification overview	The qualification covers topics such as supporting the care and well-being of individuals, providing food and drink and ensuring individuals homes are secure. The candidate will also have the opportunity to develop his or her own knowledge and practice.
Timescale	3 to 9 months, dependent on the individual candidates circumstances.
Content	<p>Core units</p> <ul style="list-style-type: none">• Communicate with and complete records for individuals• Support health and safety of yourself and individuals• Develop you knowledge and practice• Ensure your own actions support the care, protection and well-being of individuals <p>Optional units</p> <ul style="list-style-type: none">• Carry out and provide feedback on a specific plan of care activities• Support individuals to access and use information• Support individuals in their daily living• Support individuals to make journeys• Support individuals to meet their domestic and personal needs• Support individuals to access and participate in recreational activities• Support individuals to take part in development activities• Support individuals during therapy sessions• Provide food and drink for individuals• Help individuals to eat and drink• Help individuals to keep mobile• Help address the physical comfort needs of individuals• Provide pressure area care• Support individuals with their personal care needs• Support individuals to manage continence• Maintain the feet of individuals who have been assessed as requiring help with general foot care• Assist in the administration of medication• Support individuals prior to, during and after clinical procedures• Contribute to moving and handling individuals• Observe, monitor and record the conditions of individuals• Support individuals to undertake and monitor their own health care• Support individuals who are distressed• Contribute to working in collaboration with carers in the caring role• Contribute to effective group care• Gain access to, and ensure individual's homes are secure• Manage environments and resources during clinical activities

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- Protect yourself from the risk of violence at work

Additional units

- Relate to, and interact with individuals
- Ensure your own actions support the equality, diversity, rights and responsibilities of individuals
- Enable individuals to negotiate specific environments
- Receive, and store medicines and products
- Obtain and test capillary blood samples
- Obtain test specimens from individuals
- Contribute to the care of a deceased person
- Contribute to the identification of the risk of danger to individuals and others
- Contribute to the effectiveness of teams
- Receive and pass on messages and information
- Monitor, handle and maintain materials and equipment
- Manage and organise time and activities to support individuals in the community
- Receive and monitor visitors
- Maintain a safe and clean environment

Awarding body

The awarding body for this qualification is OCR

Assessment

The candidate is required to complete 6 units made up of 2 core units, 2 optional units and the remaining 2 units can be taken from either the core group or optional group. If candidates are working in 'social care', it is advised by the Social Care Councils that candidates undertake the 4 core units in order to gain council recognition. Candidates can also undertake additional units, although these are not required to complete the qualification. Candidates will be assessed at their work setting using observation and supporting evidence.

Contact us

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